

30-Day Financial Goal Planner

Financial Goal Planner & Debt Freedom Toolkit

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Why 30 days? Short-term goals are specific, measurable, and achievable in one month — the ideal starting point for lasting financial change.
Small, visible wins build the momentum and confidence needed to tackle larger goals over time.

Name: _____ Month: _____ Monthly Income (approx.): _____

Write SMART Goals — Specific, Measurable, Achievable, Relevant, Time-bound

S Specific What exactly will you do? **M Measurable** How will you track progress? **A Achievable** Is it realistic this month? **R Relevant** Does it support your bigger goals? **T Time-bound** What is your deadline?

My 30-Day Financial Goals

Goal 1 — Saving

My goal: _____
Why it matters: _____
How I will do it: _____ Target date: _____

Goal 2 — Debt / Bills

My goal: _____
Why it matters: _____
How I will do it: _____ Target date: _____

Goal 3 — Spending Habit

My goal: _____
Why it matters: _____
How I will do it: _____ Target date: _____

Goal 4 — Income / Extra

My goal: _____
Why it matters: _____
How I will do it: _____ Target date: _____

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Weekly Check-In Tracker

Week 1

Days 1–7

Progress this week:

On track? ☐ Yes ☐ No

Week 2

Days 8–14

Progress this week:

On track? ☐ Yes ☐ No

Week 3

Days 15–21

Progress this week:

On track? ☐ Yes ☐ No

Week 4

Days 22–30

Progress this week:

On track? ☐ Yes ☐ No

Daily Habits That Support Your Goals (check each day you complete them)

☐ Reviewed my budget or spending

☐ Tracked every expense today

☐ Said no to a want that wasn't in the budget

☐ Avoided an unplanned purchase

☐ Put money toward a saving or debt goal

☐ Checked my account balances

End-of-Month Review

Which goals did I fully achieve?

What got in the way of goals I didn't finish?

What will I do differently next month?

Which goal am I most proud of and why?

Goal Completion Summary

Goal 1 — Saving

☐ Done ☐ Partial ☐ Missed

Goal 2 — Debt / Bills

☐ Done ☐ Partial ☐ Missed

Goal 3 — Spending Habit

☐ Done ☐ Partial ☐ Missed

Goal 4 — Income / Extra

☐ Done ☐ Partial ☐ Missed

"Commit your work to the Lord, and your plans will be established."

— Proverbs 16:3

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