

Who Is God? Understanding the Trinity

Beginner Bible Lessons | Topic 2 of 3

Kingdom Family Ministry | Beginner Bible Lessons

One of the first questions new believers ask is: Who exactly is God? The Bible teaches that God is one God — but He exists in three persons: the Father, the Son (Jesus), and the Holy Spirit. This is called the Trinity. Here are 10 simple truths to help you understand.

1

There Is Only One God

The Bible is clear: there is one God, not many. He is the Creator of everything — the heavens, the earth, and every living thing. (Deuteronomy 6:4)

2

God Is the Father

God the Father is the source of all life. He is holy, loving, and all-powerful. He is not a distant judge — He is a Father who knows you by name. (Matthew 6:9)

3

Jesus Is the Son of God

Jesus is fully God and fully human. He came to earth, lived a perfect life, died for our sins, and rose again. He is the bridge between us and God. (John 3:16)

4

The Holy Spirit Lives in Believers

When you put your faith in Jesus, the Holy Spirit comes to live inside you. He guides you, comforts you, and helps you understand the Bible. (John 14:26)

5

The Three Are One

The Father, Son, and Holy Spirit are separate persons — but they are one God. Think of it like water: it can be liquid, ice, or steam, but it is still water.

6

God Is Love

The Bible does not just say God loves — it says God IS love. Everything He does comes from a place of love for His creation. (1 John 4:8)

7

God Is Everywhere

You cannot go anywhere where God is not already there. Whether you are at home, at work, or in a hard season — He is present. (Psalm 139:7-10)

8

God Knows Everything

Nothing surprises God. He knows your past, your present, and your future. He is never caught off guard by your struggles or your story. (Psalm 147:5)

9

God Does Not Change

People change. Circumstances change. But God stays the same — yesterday, today, and forever. You can trust that what He promises, He will do. (Hebrews 13:8)

10

You Can Talk to God Directly

You do not need a priest or a special formula to reach God. Prayer is simply talking to Him — openly, honestly, like a conversation with someone who loves you.

Key Verses to Look Up This Week:

• John 1:1 — In the beginning was the Word... • Genesis 1:1 — In the beginning God created... • Matthew 3:16-17 — All three persons of the Trinity appear at once • John 10:30 — Jesus says, 'I and the Father are one' • Romans 8:11 — The Spirit who raised Jesus lives in you

† Faith & Encouragement

"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit."

— **Matthew 28:19**

Understanding who God is changes everything. The more you know Him — not just about Him — the more your faith grows. Take your time. He is patient, and He is not going anywhere.

■ Need Emergency Assistance?

Kingdom Family Ministry's **Families First Program** is here for you. Our goal is to strengthen families with meaningful, responsible support. Assistance is available **once per service category within a 12-month period**, based on funding availability.

Learn more and apply for help:

www.kingdomfamilyministry.org/gethelp

Helpful Resources:

- Bible Gateway — Search any verse: www.biblegateway.com
- GotQuestions.org — Beginner Bible Q&A: www.gotquestions.org
- YouVersion Reading Plans (free): www.bible.com/reading-plans
- KFM Families First Program: www.kingdomfamilyministry.org/gethelp

Disclaimer: This resource is intended for personal encouragement and general Bible study. It is not a substitute for pastoral counseling or formal theological instruction. We encourage you to connect with a local church or faith community for deeper support and guidance. © Kingdom Family Ministry. All rights reserved.